

ATTACHMENT II – FISC TASK CHART

TASK DESCRIPTIONS FOR THE FUNCTIONAL IMPROVEMENT SCALE

	Task	Set-up	Response	Age of independence for normal child
1.	Rolling	Supine	Rolls to prone in either direction without trapping arms under the body. (1/2 tries). Log or segmental roll is acceptable	6-7m (Peabody)
2.	Assume Prone on elbows	Prone	Head moves to vertical position with chest partially raised from mat. Weight is supported on both arms (any arm posture is acceptable). The posture is maintained briefly	3-5m (Michigan)
3.	Assume Quadruped	Prone	Moves to position bearing weight on hands and knees, with hips over knees, maintains briefly or begins creeping.	8-9m (Peabody) 6-8m (Michigan)
4.	Crawling	Prone	Pulls self forward 3 feet using both arms (arms may be in any posture). Legs may assist or be dragged in “combat” style	7m (Peabody)
5.	Creeping	Prone	Uses reciprocal action on 4 points (any arm posture is acceptable) to move 3 feet forward. Knees do not need to be directly under the hips but stomach must be off the floor.	11m (Peabody) 9-11m (Michigan)
6.	Supine to Sit	Supine	Raises self to any style of sitting position on a flat surface and maintains unsupported sitting briefly.	8m (Bailey)
7.	Sit to Stand	Sitting in chair with feet resting flat on the floor	Achieves standing posture briefly. May use arms to push and initiate movement.	8-9m Peabody)
8.	Assume Kneeling	Kneeling	Maintains kneeling position briefly when toy or auditory distraction is presented on both/either sides. Buttocks must be maintained above ground, but any femur and tibia position is acceptable.	14m (Peabody)
9.	Curbs	Curb	Steps up and down on curb maintaining upright posture.	24-30m (PEDI)

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			Child must stop movement once the curb has been ascended and descended.	
10.	Stairs	Standing	Climbs up and down 3-4 steps using upright posture. May hold rail or wall. Leg movement does not need to be reciprocal.	15-17m (Peabody) 18-24m (PEDI) 24-27m (Michigan)
11.	Move across room by Amb or WC	Upright (Standing) or Seated in WC	Moves 10 feet forward	15-17m (Peabody) 14m (Brazelton)
12.	Floor ↑↓ Stand	Sitting on floor	Gets up to standing posture briefly and returns to floor safely. May not use walls or furniture for assistance.	12-15m (Michigan)
13.	Bed ↑↓ Chair or WC	Sitting on edge of bed or raised mat of similar height	Maneuvers to sitting position on chair or WC of similar height.	16-19m (Michigan)
14.	Chair or WC ↑↓ Floor	Sitting on a chair that is age/size appropriate	Descends safely fm chair and returns to seated position.	16-19 (Michigan) 18-24m (PEDI)
15.	In and out of bathtub	Standing or sitting beside tub	Climbs or scoots in and out of standard tub.	36-42m (PEDI)
16.	On and off Toilet (standard toilet)	Standing or sitting beside toilet	Assumes stable seated position on standard toilet and can resume starting position. May use arms.	36-42m (PEDI)
17.	Finger Feeding	Sitting at table	Picks up small pieces of food from flat surface and puts it into mouth successfully.	12-18m (PEDI)
18.	Utensil Feeding	Sitting at table	Uses spoon to load food and deliver to mouth, with some spilling, but can be expected to complete a meal.	18-24m (PEDI) 14m (Brazelton)
19.	Cup Drinking	Sitting at table	Drinks from partly filled cup with one or two hands, with some spilling.	12-15m (Michigan) 18m (Brazelton)
20.	Dressing Upper Body	Sitting with garment	Dons and doffs a pullover garment (T-shirt, sweater or dress) oriented correctly to the body	42-48m (PEDI) 24-31m (Michigan)
21.	Dressing Lower Body	Sitting with garments	Dons and Doffs both socks and pants with elastic waist oriented correctly to the body	36-42m (PEDI)

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22.	Complex Dressing	Sitting with garments	Dons and Doffs all of the following three garments oriented correctly to the body: <ul style="list-style-type: none"> • Shirt with button front • Pants with zipper and snap • Jacket with zipper 	72-78m (PEDI)
23.	Shoes with Laces	Shoes with Laces	Dons and doffs shoes on correct feet and can tie laces effectively	66-72m (PEDI) 72m (Brazelton)
24.	Light Hygiene	Sitting or standing	Effectively performs hygiene in all of three areas: <ul style="list-style-type: none"> • Washing and drying face • Washing and drying hands • Brushing teeth (including preparation of brush with paste and water) 	Hands 54m (PEDI) Face 78m (PEDI) Teeth 78m (PEDI)
25.	Grooming	Sitting or standing	Brushes hair managing tangles and parts	84m plus (PEDI)
26.	Bathing	Sitting in tub or shower stall	Washes and dries extremities, chest and abdomen thoroughly. May simulate in dry setting	72-78m (PEDI)
27.	Toileting	Standing or Sitting	Manages toilet and clothing. Wipes thoroughly (may be by report)	72-78 (PEDI) 48-60 (Michigan)